



USA BOWLING REGIONAL TOURNAMENT SERIES

2025–2026
RULES AND ELIGIBILITY GUIDE

#TEAMBOWLING #BOWLTONATIONALS #YOUTHBOWLING
[BOWL.COM/USABOWLINGREGIONALS](https://bowl.com/usabowlingregionals)



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TOURNAMENT RULES

Format

Qualifying will consist of eight round-robin baker match games. If a division has less than three teams, the qualifying format is subject to change. All teams will return and be seeded into tiered brackets based on match play record with a maximum of eight teams in each bracket.

Matchplay will consist of double-elimination match play brackets. Each match will be decided by best 2 out of 3 game format. Teams will continue bowling until they have lost two matches, thus being eliminated from the tournament.

Each bracket will have a winning team. The team that wins the Tier I bracket in each division will be deemed Tournament Champion.

Team Requirements

All participants are required to have an active USBC Standard Youth membership for the current bowling season.

Teams must consist of no less than four and no more than six players.

All athletes listed on the team roster must be in attendance at the event.

All team members competing in any event must meet at least one of the following criteria:

- a) Reside in the state of the Regional Host Facility; or
- b) Reside in a border state of the Regional Host Facility.

If a team does not meet either of the above-mentioned criteria, permission must be approved from tournament management for participation. For a detailed list of eligibility requirements, please see the Regional Tournament Eligibility Guide found at bowl.com/usabowlingregionals.

Individuals are allowed to compete in a maximum of 2 Regional events in a single season.

U12 is defined as athletes born 8/1/2013 or later.

U15 is defined as athletes born between 8/1/2010 and 7/31/2013.

An athlete who meets the U12 age definition may elect to participate in the U15 division but is then ineligible to compete on an additional U12 team at the same event.

To avoid disqualification, all teams participating must be accompanied by a member of

the USBC Registered Volunteer Program. Coaches RVP may be completed online at bowl.com/rvp

Athletes who require special assistance must indicate so on their entry form so accommodations can be arranged.

No team or individual shall be entitled to a refund after the entry form and fees have been received unless a replacement is requested in writing and the vacated space is filled.

Competition Rules

1. This is a SCRATCH competition. During qualifying, teams will bowl round robin match play with the winner of each match receiving one (1) point and the loser of the match receiving zero (0) points. If a match ends in a tie, both teams will receive .5 points.
2. Check-in will begin one hour prior to each event. All coaches must check-in their teams within 30 minutes of tournament start time. Prior to the start of tournament play, each event will begin with a 15 minute coaches meeting.
3. Teams must submit a team lineup and playing order prior to each Baker game. Any team making an illegal lineup change during a Baker game will forfeit all pins received during the frames bowled illegally.
4. Tournament play will begin with 10 minutes of practice time on your starting pair of lanes prior to qualifying, round 1 of match play and the championship match.
5. Any player not present when competition begins will forfeit participation in their frames and receive a score of zero (0) for each framed missed until they arrive.
6. Once a player has been removed from a game, they cannot return to bowl for the remainder of that game. A maximum of two substitutes are permitted during each game, only one of which is allowed in the 10th frame of any game.
7. Pacers shall not be permitted in the tournament at any time.
8. After qualifying, teams will be seeded into double elimination match play brackets based on their win/loss record from qualifying. Matchplay will consist of a best 2 out of 3 game format. Teams will continue bowling until they have lost two matches, thus being eliminated from the tournament.
9. In the event of a tie at the end of a bracket match, teams will bowl a 7th, 8th, 9th, and 10th frame Baker style roll-off until a winner is determined.
10. One lane courtesy is recognized and will be enforced for this event.
11. Only competitors, coaches and tournament officials will be allowed in the settee area during practice and competition.
12. Any protest or appeal concerning scoring must be made in writing stating briefly the grounds of the protest or appeal and submitted to the USBC tournament office no later than 72 hours after the game has been played.
13. Altering the surface of a bowling ball by the use of abrasives, cleaners or polish is prohibited during competition including the warm-up session. In addition, no substance may be placed on the outer surface of the bowling ball. The outer surface of the bowling ball may only be cleaned with a dry towel once the bowler has begun competition.
14. Athletes are not allowed to use electronic equipment of any kind in the settee

area during competition. This includes, but is not limited to headphones, cell phones and tablets. Coaches may use electronic equipment only if it is being used for coaching purposes.

15. A maximum of five bowling balls per athlete is permitted in the bowling center at one time. The following bowling balls are prohibited for use: 900 Global Altered Reality, 900 Global Wolverine, Roto Grip UFO Alert, Storm Electrify Solid, Storm Phaze 4, and Storm Trend 2.
16. Each venue will serve as a non-smoking facility during the event. No alcoholic beverages will be allowed behind tournament lanes. No food or drinks will be allowed in the settee area during competition.
17. Once an individual has qualified for the National Championship, they are no longer allowed to compete at another Regional Event.

Awards

Scholarship awards will be awarded to the top three (3) teams in the Tier I bracket for each division as follows:

1st Place \$1000 (200 points)

2nd Place \$750 (150 points)

3rd Place \$500 (100 points)

All scholarship funds will be evenly distributed amongst rostered athletes. All scholarship funds will be deposited in SMART account #14399.

Symbolic awards will be given to the top 2 teams in the Tier I bracket and winners of all other brackets.

Event Termination/Release Clause

To the Executive Director of the United States Bowling Congress: I and my guardian hereby make application to participate in this USA Bowling Regional Tournament event listed and tender the entry fees required. I warrant that I am a USBC Youth member. I and my guardian agree to abide by all tournament playing rules and regulations prescribed by USBC, including all provisions set forth on this form. I and my guardian specifically agree for myself and any replacement chosen by me or for me that if I am not eligible for participation and/or cannot bowl in the event, then my prize, bowling and expense fees shall be forfeited, and all sums tendered by me as prize, bowling and expense fee may be retained by USBC as liquidated damages. The entrant whose name appears hereon or my authorized replacement hereby agrees that the USBC, its officers and agents shall be liable only to the extent of returning entry fees, less expenses, if and when that entrant shall be prevented from bowling any event in the tournament through premature termination of the tournament, which may be brought about by war, national emergency or emergencies or causes relating thereto resulting therefrom, fires, labor difficulties, terrorism or threats of terrorism or other causes beyond the control of USBC. I further agree that USBC may use my name and likenesses (including video) for promotional purposes at no cost to me and with no fees being paid to me.

DRESS CODE

Bowlers must compete in appropriate bowling attire. This may include jeans or slacks and a jersey, t-shirt or polo shirt. Shorts, skirts, or skorts must be longer than fingertip length when arms are hanging loosely along the sides of the body. No jeans with holes or writing, sweatpants, athletic shorts, tank tops, spaghetti straps, or strapless shirts will be allowed.

Teams can qualify for a PRIDE AWARD by wearing matching attire when they bowling in any event.

ALLOWED



SKIRTS/SKORTS



COLLARED SHIRTS



WALKING SHORTS



SLACKS



JEANS (NO RIPS)



BOWLING JERSEYS

NOT ALLOWED



TANK TOPS



HEADGEAR/SUNGLASSES



WORKOUT CLOTHES



SWEATS



HOODIES



YOGA PANTS/
LEGGINGS

TOURNAMENT ELIGIBILITY

Below is a list of eligibility criteria when determining in which USA Bowling Regional Tournament your team will compete:

1. Bowlers must reside in the same state or border state of the Regional Host Facility.
2. Individuals are allowed to compete in a maximum of 2 USA Bowling Regional Tournaments in a single season.
3. If an individual or team does not fit Criteria #1 for at least 2 events, they can request permission from tournament management to participate in their closest 2 USA Bowling Regional Tournaments.

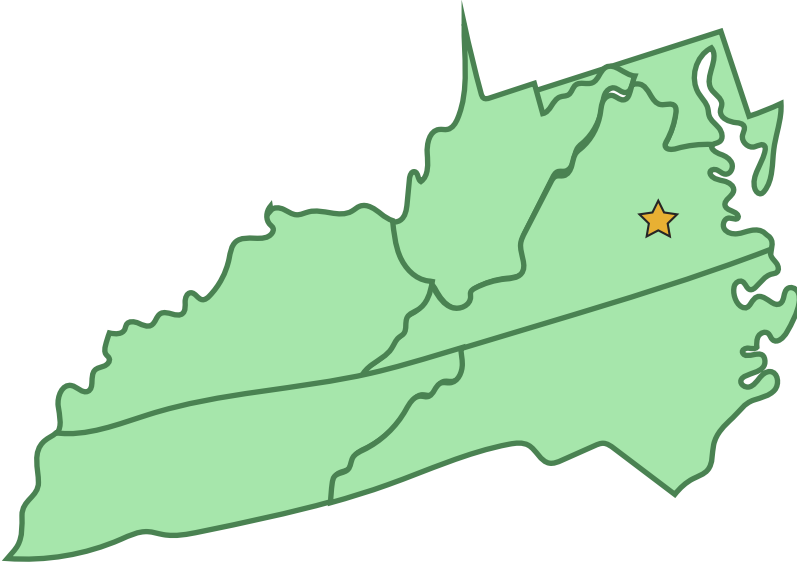


NOVEMBER 16, 2025

**BOWL AMERICA
SOUTHWEST**

**11532 HULL ST.
MIDLOTHIAN, VA 23112**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**



JANUARY 4, 2026

**ALOMA BOWL
2530 ALOMA AVE.
WINTER PARK, FL 32792**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**





NOVEMBER 2, 2025

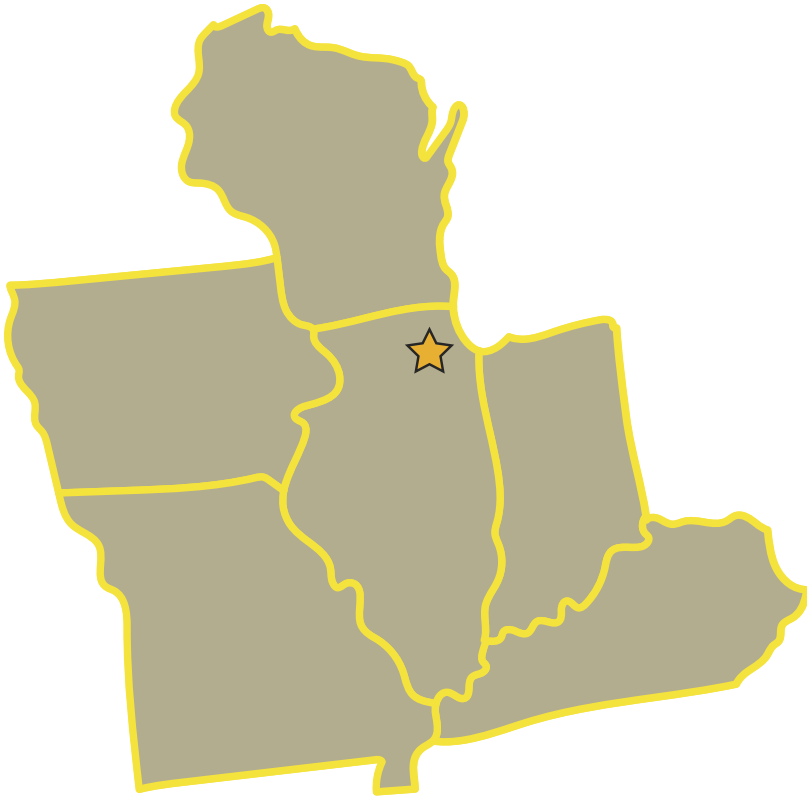
STARDUST BOWL

37 E. LORRAINE AVE.

ADDISON, IL 60101

CHECK-IN 8 A.M.

START TIME 9 A.M.



NOVEMBER 23, 2025

ARROWHEAD BOWL

2331 BROTHERS DR.

LAFAYETTE, IN 47909

CHECK-IN 9 A.M.

START TIME 10 A.M.





OCTOBER 19, 2025

**COLUMBUS SQUARE
BOWLING PALACE
5707 FOREST HILLS BLVD.
COLUMBUS, OH 43231**

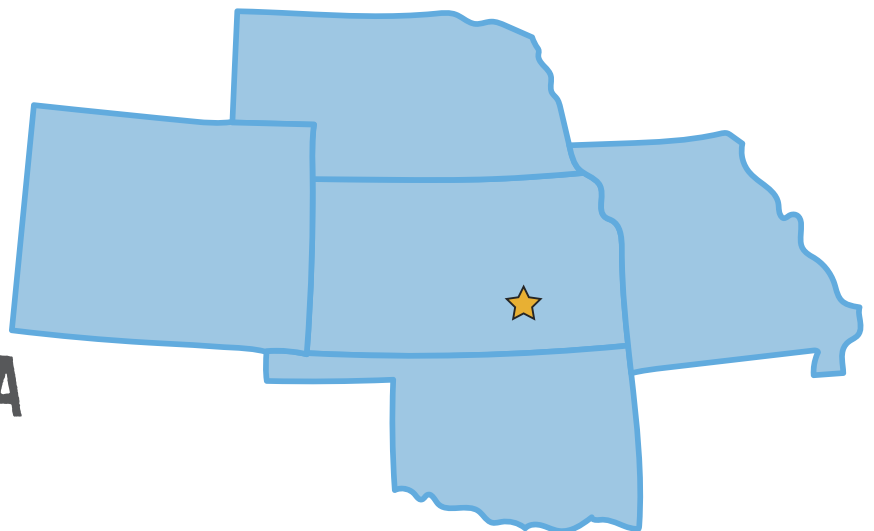
**CHECK-IN 8 A.M.
START TIME 9 A.M.**

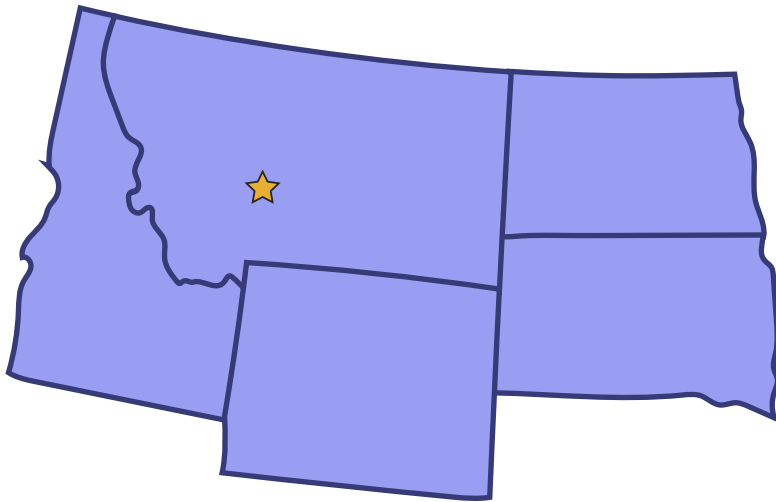


NOVEMBER 2, 2025

**LET'S ROLL SENECA
1909 S. SENECA ST.
WICHITA, KS 67213**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**





MARCH 8, 2026

SLEEPING GIANT LANES

**3355 TRICIA ST.
HELENA, MT 59601**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**

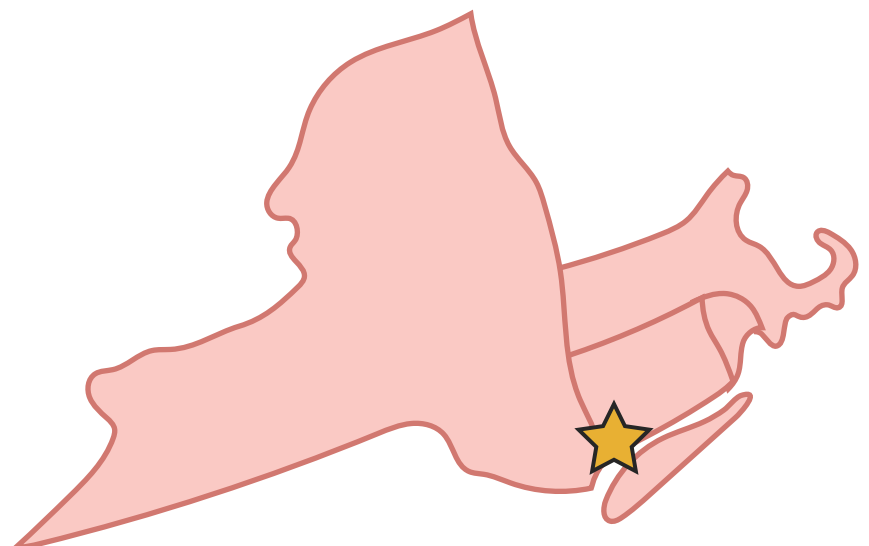


APRIL 11, 2026

NUTMEG BOWL

**802 VILLA AVE.
FAIRFIELD, CT 06825**

**CHECK-IN 11 A.M.
START TIME 12 P.M.**





DECEMBER 7, 2025

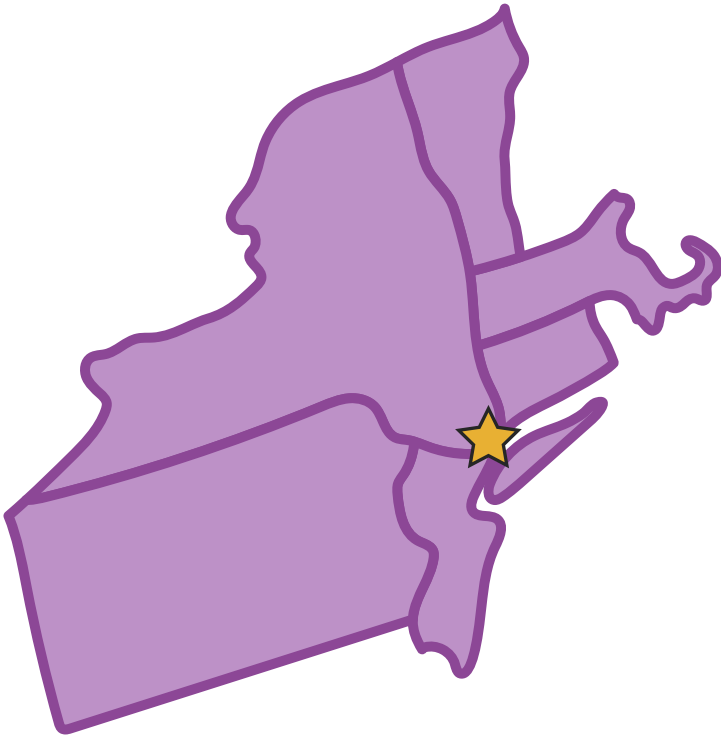
RAB'S COUNTRY LANES

1600 HYLAN BLVD.

STATEN ISLAND, NY 10305

CHECK-IN 9 A.M.

START TIME 10 A.M.



FEBRUARY 22, 2026

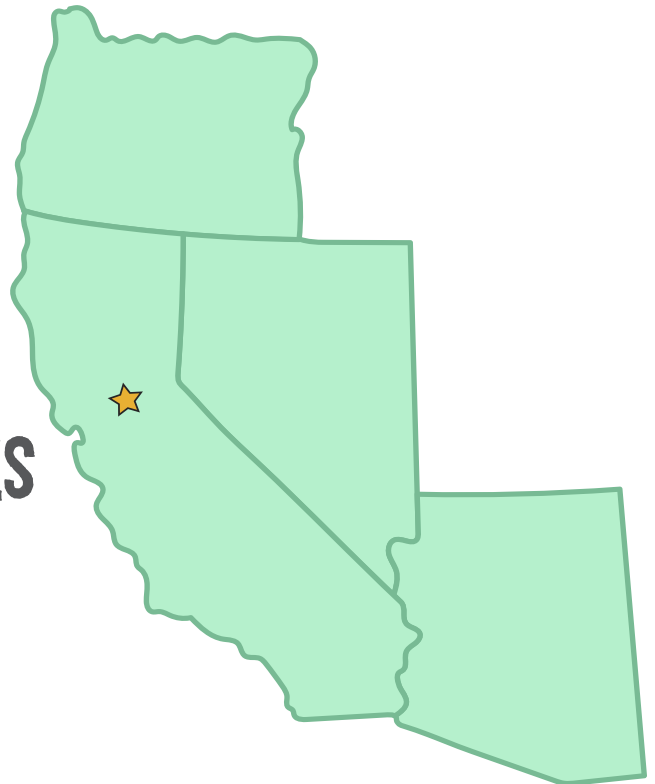
STEVE COOK'S FIRESIDE LANES

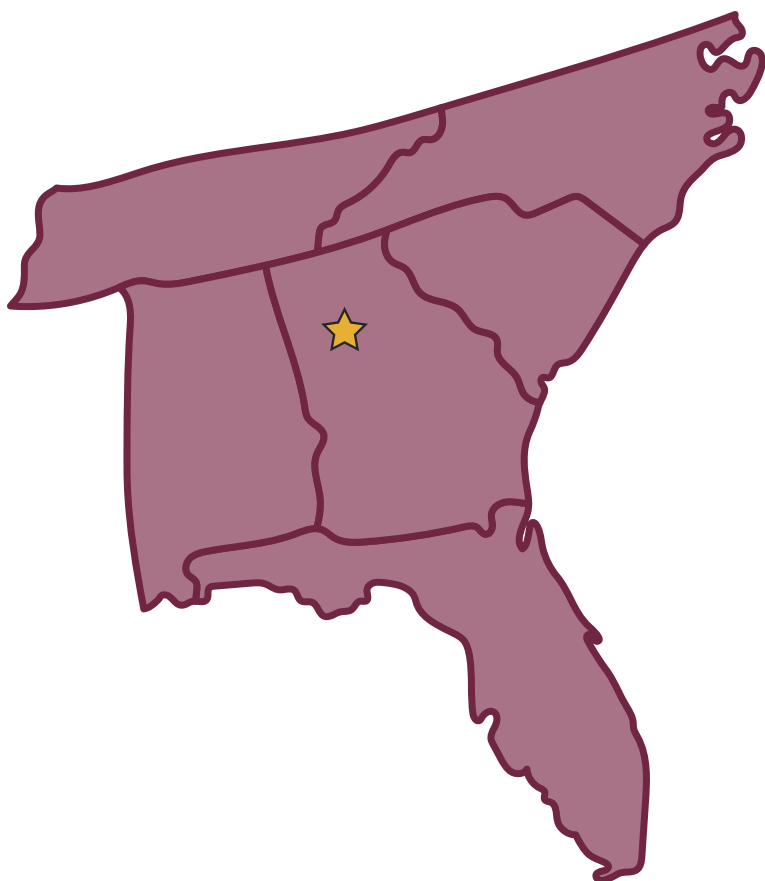
7901 AUBURN BLVD.

CITRUS HEIGHTS, CA 95610

CHECK-IN 8 A.M.

START TIME 9 A.M.





FEBRUARY 28, 2026

BOWLERO AUSTELL

**2750 AUSTELL RD. SW
MARIETTA, GA 30008**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**



JANUARY 10, 2026

THE LANES AT OAK HILLS

**7330 CALLAGHAN RD.
SAN ANTONIO, TX 78229**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**





MARCH 29, 2026

MYRTLE BEACH BOWL

**101 PHILIP GRAY DR.
MYRTLE BEACH, SC 29579**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**

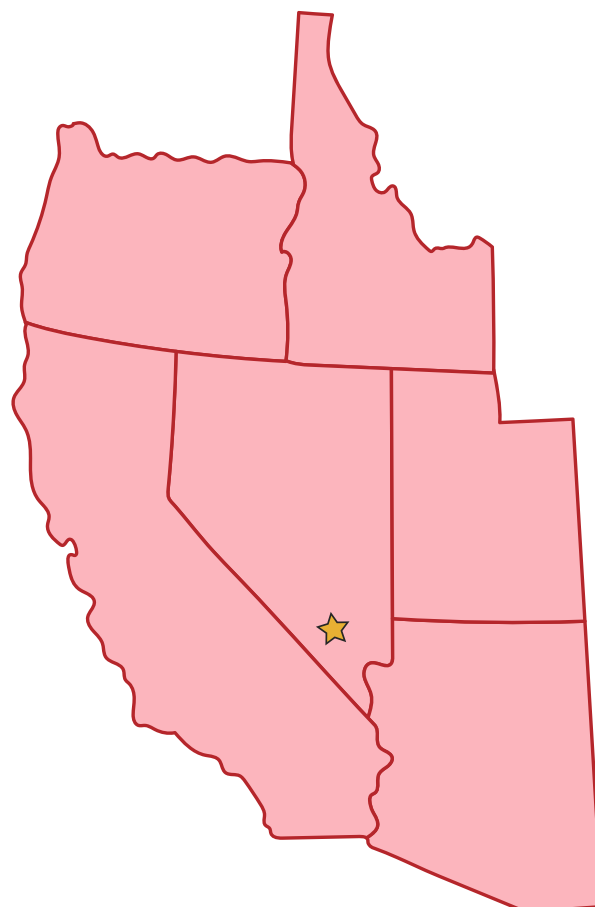


MARCH 29, 2026

SUNCOAST BOWLING CENTER

**909 ALTA DR.
LAS VEGAS, NV 89145**

**CHECK-IN 8 A.M.
START TIME 9 A.M.**

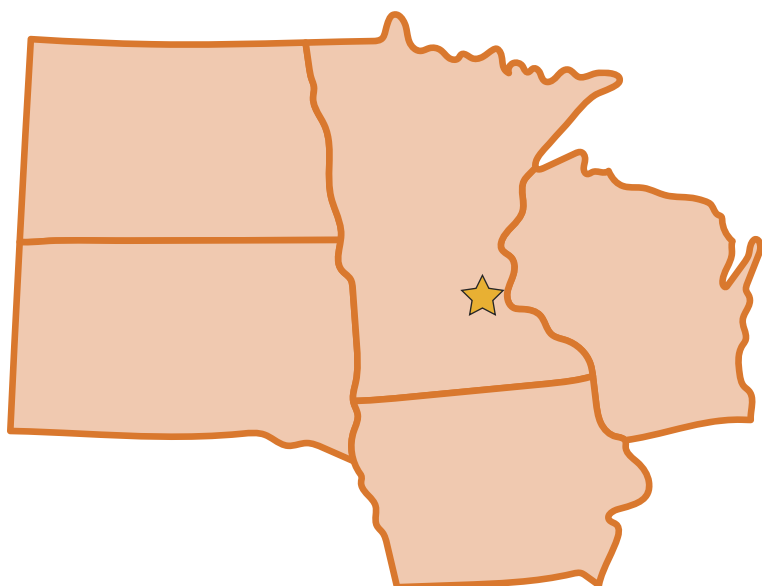




MAY 3, 2026

CEDARVALE LANES
3883 CEDAR GROVE PKWY.
EAGAN, MN 55122

CHECK-IN 8 A.M.
START TIME 9 A.M.



NOVEMBER 9, 2025

BOWLERAMA LANES
1313 E. DIEHL AVE
DES MOINES, IA 50315

CHECK-IN 7:00 A.M.
START TIME 8:00 A.M.

